

26 Shared Experience Planner

Page 1 - Generate possibilities that fit real-life limits and shared interest.

WHAT KIND OF EXPERIENCE FITS?

☐ At home

☐ Outdoors

☐ Creative

☐ Relaxing

☐ Playful

☐ Learning something

☐ Low cost

☐ Short and simple

One idea from me

One idea from my partner

The small number of possibilities we both want to consider

Limits, access needs or boundaries to respect



Novelty can be small. The goal is shared experience, not performance.

26 Turn One Idea Into a Plan

Page 2 - Make the experience clear enough to happen, with room to adapt.

The experience we choose

Date or time

Place

Only the essential preparation

Cost, access, energy or boundaries we need to respect

Our simpler backup plan

Afterward: What did we enjoy?

What might we repeat?



Reusable tool: return to this page with a new example whenever it would help.